

## COACHING CHECKLIST

	Client Learning Objectives or focus:
	Confidentiality
	Logistics
	General Coaching Info
	Empowering Language - Handout
	Choices vs Goals - Handout
	Other Definitions, eg., gremlin, responsibility, transformational change, me/body, inquiry, etc.
	Client Inventory - Handout
	Wheel of Life - Handout
	List of current and/or desired habits - assignment tool
	Defining key values/life principles - assignment tool (in the inventory)
	Agreement to be a reference or refer others for coaching
	Evaluation of Client progress (method/timing):
	Coaching Session Notes form
	Feedback for the Coach (method/timing):