

**COACHING AGREEMENT**

**Short Form-Sample**

This agreement between \_\_\_\_\_ as Coach, and \_\_\_\_\_, Client may include an initial inventory and intake session of about 90 minutes, and \_\_\_\_\_ minute coaching sessions either in person or by phone every \_\_\_\_\_ week(s) for approximately \_\_\_\_\_ weeks, and may include additional brief sessions or email exchanges as the Coach and Client deem necessary. The Coach and Client will evaluate progress and whether to continue sessions at the last scheduled session. This agreement may be extended or terminated by mutual agreement.

The coaching services provided to the client include a powerful, comprehensive process for personal development and transformation, as designed jointly with the client. Coaching may address specific personal projects, work successes or general conditions in the client's life as they choose.

**CONFIDENTIALITY: As a matter of ethics, the Coach has the responsibility to maintain strict confidentiality about ALL personal information shared by the Client. The only exception is when the Client shares information that gives the Coach reasonable cause to believe there are threats of serious harm to the Client him/herself or others. The Coach is obligated report the situation to the proper agent.**

Our signatures on this agreement demonstrate the intent to fulfill the intentions and requests above, and reflects a complete understanding of the services to be provided. As a client, I understand and agree that I am fully responsible for my well being during my coaching sessions, including my choices and decisions.

\_\_\_\_\_  
Client Date

\_\_\_\_\_  
Coach Date

\_\_\_\_ Attachment: Coaching Checklist